



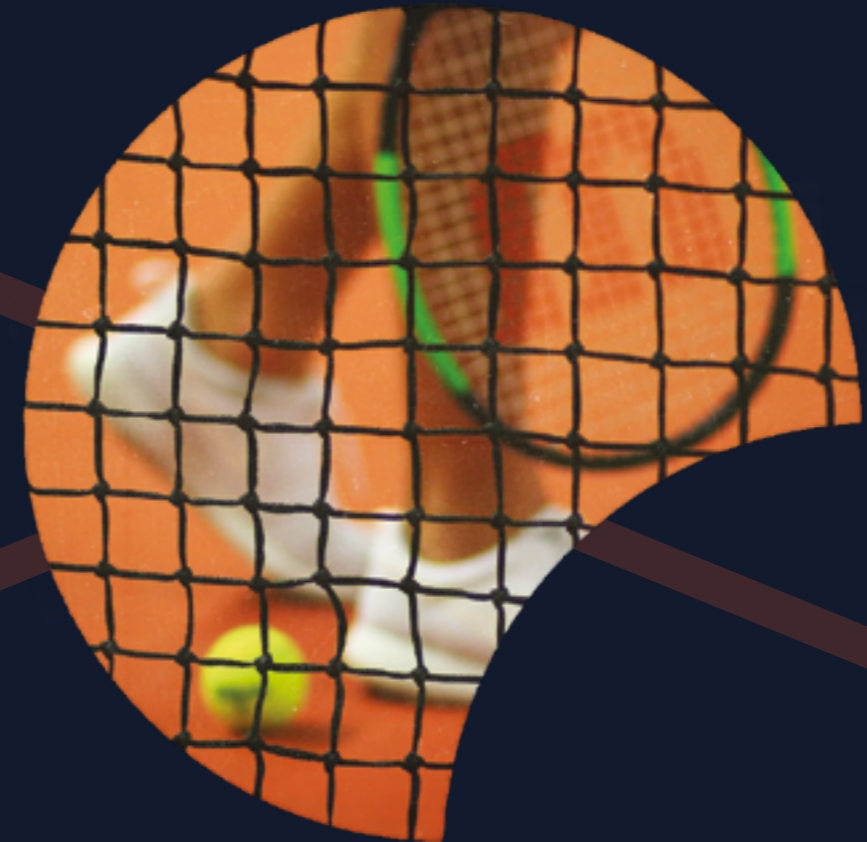
*SCHOOL PACKAGES
2023 - 2024*

UNLOCK YOUR POTENTIAL



Through our tennis and multi-sports schools programme, we aim to increase junior sports participation in local communities whilst aiding in children's **all-round development**.

It is well documented that playing sport, particularly tennis, provides an array of physical, mental, emotional and social **benefits**.



We pride ourselves on creating fun and engaging environments for the children we coach, whilst delivering high quality sessions with **proven coaching strategies**.



OUR CORE VALUES



"I HAVE BEEN A TEACHER FOR 36 YEARS AND CAN SAY THAT MIKE LANGSTON OF ENCOMPASS COACHING IS THE BEST TENNIS COACH THAT I HAVE WORKED WITH... VERY PROFESSIONAL AND WELL ORGANISED, KEEPING THE CHILDREN FOCUSED AND INTERESTED. THEY ALL LOOK FORWARD TO THE SESSIONS AND MANY HAVE CONTINUED WITH TENNIS OUTSIDE SCHOOL AS A RESULT."

**- JAYNE HOBBS, P.E. CO-ORDINATOR
OMBERSLEY ENDOWED FIRST SCHOOL**

**OVER
50%**


of players we coach go on to play at team tennis level or above

**OVER
15%**

of players we coach go on to play at a county level or above

PACKAGE 1 IN-SCHOOL P.E. TENNIS SESSIONS

OVERVIEW

	LESSON
WEEK 1	Rallying Skills
WEEK 2	Serve & Return
WEEK 3	Hitting To Space
WEEK 4	Defending Your Area
WEEK 5	Approaching The Net
WEEK 6	Tournament Week

- 6 weekly sessions;
- Bespoke progressive lesson plans developed by our team of qualified coaches;
- Tournament style final session;
- Overall aim to provide pupils with the skills required to confidently play the game;
- Sessions tailored to year 2 and up;
- All equipment provided;
- All sessions can be adapted to an outdoor or indoor space.

PACKAGE 2

AFTER SCHOOL TENNIS

PACKAGE 3

AFTER SCHOOL MULTI-SPORT

OVERVIEW

- 6 weekly sessions;
- After school session at Ombersley Tennis Club or school;
- All equipment provided;
- All sessions can be adapted to an outdoor or indoor space;
- Tennis based games to provide pupils with a fun and engaging time whilst promoting implicit learning;
- Fostering friendships and the social side of tennis;
- Appropriate for all ages and stages.

OVERVIEW

- 6 weekly sessions;
- After school session at Ombersley Tennis Club or school;
- All equipment provided;
- Multi-sports session to provide pupils with a variety of sports;
- Appropriate for all ages and stages.

	<i>LESSON</i>
<i>WEEK 1</i>	Football
<i>WEEK 2</i>	Kick Rounders
<i>WEEK 3</i>	Tennis
<i>WEEK 4</i>	Cricket
<i>WEEK 5</i>	Hockey
<i>WEEK 6</i>	Dodgeball

BOOKINGS & ENQUIRIES:

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WWW.ENCOMPASSCOACHING.CO.UK

In association with

